

# IRONWOOD RIDGE

## 2026 VOLLEYBALL CAMPS

### ALL-SKILLS AND PREP SKILLS

HIGH SCHOOL CONCEPTS AND TRAINING DRILLS

## JUNE 8-11

FOR ATHLETES ENTERING GRADES 7-10

### DEFENSIVE SKILLS

DEFENSIVE TRAINING FOR ALL POSITIONS

## JULY 6-9

FOR ATHLETES ENTERING GRADES 7-12

### PASSING/SERVING SKILLS

FIRST CONTACT (RECEPTION AND SERVING SKILLS)

## JUNE 15-18

FOR ATHLETES ENTERING GRADES 7-10

### POSITIONAL SKILLS

## JULY 6-9 | JULY 20-23

### ATTACKING SKILLS

FIRST CONTACT (RECEPTION AND SERVING SKILLS)

## JUNE 15-18

FOR ATHLETES ENTERING GRADES 7-10

### COMPETITION SKILLS

GENERAL SKILLS WITH TEAM SKILLS/COMPETITION

## JULY 20-23

SESSION I: ATHLETES ENTERING GRADES 5-8  
SESSION II: ATHLETES ENTERING GRADES 8-12



REGISTER AT [NIGHTHAWKVOLLEYBALL.COM/CAMPS](https://nighthawkvolleyball.com/camps)